



RIGPE DORJE CENTRE founded by H.E. The THIRD JAMGON KONGTRUL RINPOCHE

SEPTEMBER 2011 ACTIVITIES

Teachings are given by Resident Teacher, Lama Yeshi, unless otherwise noted

For further information on the Teachings by Choje Lama Karma Phuntsok, visit : rigpedorjementreal.org

Suggested donations:
- Teachings by Lama Yeshi:
\$15 (\$10 RDC members)

- Teachings by Choje Lama Karma Phuntsok:
\$25 (\$20 RDC members) per session
\$90 (\$75 RDC members) for the whole program

RIGPE DORJE CENTRE
503, 5TH AVENUE
VERDUN (QC) H4G 2Z2

(Verdun METRO, between De Verdun St. and Wellington St.)

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info@rigpedorjementreal.org
rigpedorjementreal.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
<p>August 2011</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				<p>October 2011</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						<p>Suggested Rigpe Dorje Centre Monthly Membership: \$25 (a portion tax deductible)</p>	<p>Teaching by Lama Yeshi on 7 Points of Mind Training</p> <p>7:30 – 9:00 p.m.</p>	<p>Teaching by Lama Yeshi on 7 Points of Mind Training</p> <p>7:30 – 9:00 p.m.</p>	<p>Please note the schedule change for Shamatha & Green Tara Practices.</p>	<p>SHAMATHA Practice: Calm Abiding Meditation</p> <p>10:30 a.m. - noon</p>
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