



RIGPE DORJE CENTRE founded by **H.E. The THIRD JAMGON KONGTRUL RINPOCHE**

JUNE 2011 ACTIVITIES

Teachings are given by Resident Teacher, Lama Yeshi, unless otherwise noted

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Suggested Rigpe Dorje Centre Monthly Membership: \$25 (a portion tax deductible)			● 1 MEDICINE BUDDHA Sadhana Practice 7:30 – 9:00 p.m.	2	3	4 GREEN TARA Practice: Deity of Protection 10:30 – 11:30 a.m.
5 SHAMATHA Practice: Calm Abiding Meditation 10:30 a.m. - noon	6	7	8 CALLING THE LAMA FROM AFAR Practice of Devotion 7:30 – 9:00 p.m.	☾ 9	10	11 GREEN TARA Practice: Deity of Protection 10:30 – 11:30 a.m.
12 SHAMATHA Practice: Calm Abiding Meditation 10:30 a.m. - noon	13	14	○ 15 MEDICINE BUDDHA Sadhana Practice 1:30 – 2:30 p.m. CHENREZIG Sadhana Practice: Deity of Compassion 7:30 – 9:00 p.m.	16	17	18 GREEN TARA Practice: Deity of Protection 10:30 – 11:30 a.m.
19 SHAMATHA Practice: Calm Abiding Meditation 10:30 a.m. - noon	20	21	22 MEDICINE BUDDHA Sadhana Practice 7:30 – 9:00 p.m.	☾ 23	24	25 GREEN TARA Practice: Deity of Protection 10:30 – 11:30 a.m.
26 SHAMATHA Practice: Calm Abiding Meditation 10:30 – 11:30 a.m. Celebration of 17th Karmapa's Birthday 11:30 a.m. – 12:30 p.m.	27	28	29 CALLING THE LAMA FROM AFAR Practice of Devotion 7:30 – 9:00 p.m.	30	May S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	July S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

RIGPE DORJE CENTRE
 503, 5TH AVENUE
 VERDUN (Qc) H4G 2Z2

(Verdun METRO, between
 De Verdun St. and
 Wellington St.)

Tel.: (514) 485-8886
 info@rigpedorjementreal.org
 rigpedorjementreal.org